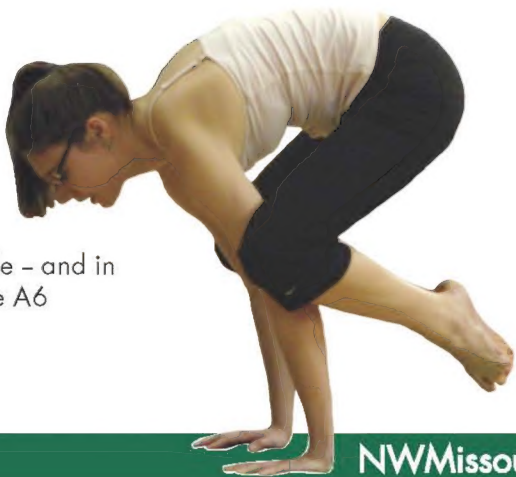


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## THIS WEEK

### CAMPUS

#### Career Day next week

Career Services is hosting its annual Spring Career Day. More than 65 companies have pre-registered, for students to talk to employers that are seeking full-time or part-time jobs, graduate programs or internships.

The career fair will be from 10:30 a.m. to 3 p.m. Tuesday at Bearcat Arena.

For more information contact Career Services 562-1250.

#### Author to visit campus

"Pledge: The Secret Life of Sororities," Alexandra Robbins, will speak at 7:30 p.m. Wednesday, March 4, in the Performing Arts Center.

Robbins is the author of three other books, graduated from Yale University in 1998.

Tickets to the performance are free and can be picked up at the Student Services Center.

For more information contact SAC 562-1226.

### COMMUNITY

#### St. Francis Gala

St. Francis Hospital and Health Services will hold the 7th Annual St. Francis Hospital Gala at 6:30 p.m. on Saturday at the Maryville Community Center.

The theme for the event is "The Roaring 20s" and will mark the end of the Annual Appeal Fund Drive at St. Francis. This year's drive funds have been earmarked for equipment in the Obstetrical Department, where newborns are delivered.

#### Severe Weather

The National Weather Service, in conjunction with Northwest's Campus Safety and Nodaway County Emergency Management, will conduct the annual storm spotter class at 7 p.m. on Monday in the Student Union Boardroom on the campus of Northwest. The class is free and open to the public.

### BEARCATS

**Friday-**  
-MIAA Track and Field Championships in Warrensburg, Mo.  
-Tennis vs. Southern Illinois-Edwardsville @ Kansas City, Mo 4 p.m.  
-Softball vs. Newman (Kansas) @ Pittsburg, Kan 5 p.m.  
-Softball vs. Central Missouri in Pittsburg Kan. 7 p.m.

**Saturday-**  
-MIAA Track and Field Championships in Warrensburg, Mo.  
-Baseball @ Emporia State 1 p.m.  
-Women's Bball @ Missouri Southern 1 p.m.  
-Softball vs. Missouri-St. Louis in Pittsburg, Kan. 1 p.m.  
-Softball vs. Drury (Mo) in Pittsburg, Kan. 3 p.m.  
-Men's Bball @ Missouri Southern 3 p.m.

**Sunday-**  
-MIAA Track and Field Championships in Warrensburg  
-Baseball @ Emporia State 1 p.m.  
-Softball vs. Arkansas Tech @ Pittsburg, Kan. 9 a.m.

**Tuesday-**  
-Softball @ Wayne State (Neb.) 2 p.m.

### SPOOFHOUNDS

**Thursday-**  
-F/JV/V Boys' Bball @ Trenton 5 P.M.  
-F/JV/V Girls' Bball vs. LeBlond 5 p.m. (Senior Night)  
**Monday-**  
-Girls' District Bball vs. East Buchanan in Lathrop 9 p.m.  
**Tuesday-**  
-Boys' District Bball vs. Trenton in Lathrop 7:30 p.m.

### CORRECTIONS

In the Feb. 19 issue of the Missourian, the caption on the photo for the Vagina Monologues story incorrectly stated the show was put on by members of Amnesty International. The group has no affiliation with the production.

### NW FOOTBALL

## Tjeerdsma prepares for D-1 job interview next week

By Jason Lawrence  
Asst. Sports Editor



Mel Tjeerdsma

One of the most recognized names on campus may be leaving Maryville for San Antonio, Texas.

Head football coach Mel Tjeerdsma was named a finalist for the head coaching position at the University of Texas at San Antonio on Monday.

"It's something I have to explore from a personal and pro-

fessional standpoint," Tjeerdsma said. "But, right now it's just in the interviewing stage."

Tjeerdsma is one of three finalists for the job along with former Miami head coach Larry Coker and Tulsa co-defensive coordinator and associate head coach Paul Ransdorf. Coker won the 2001 BCS National Championship while coaching the Hurricanes.

"We were blessed with great

interest from a wide variety of qualified candidates," UTSA Athletic Director Lynn Hickey said in a press release on the University's Web site. "It was a tough decision to narrow the field down to these three finalists, but our search committee has done a committed and thorough job throughout the interview process. We feel very comfortable with our selections."

Tjeerdsma will interview with the school this Sunday night through Tuesday. The other two coaches have been interview-

ing this week. A final decision should be reached Wednesday or shortly thereafter, he said.

"Our plan is to interview these three finalists over the next 10 days and then come to a decision shortly thereafter," Hickey said in the release.

From a Northwest standpoint, Tjeerdsma can't see his leaving having a great effect on the program.

"It would hardly affect our staff at all and that would be important to me," Tjeerdsma said.

See **TJEERDSMA** on **A5**

### TALLYING TJEERDSMA

YEARS: 15

CAREER RECORD: 216-78-4

NW RECORD: 157-40

MIAA CHAMPIONSHIPS: 10

NATIONAL CHAMPIONSHIPS: 2

CHAMPIONSHIP APPEARANCES: 6

PLAYOFF RECORD: 22-8

WINNING SEASONS: 14

MIAA COACH OF THE YEAR  
AWARDS: 6

### CELEBRATION | MARDI GRAS



photo by seth cook | photography editor

MARC HAWKINS ORDERS a drink Tuesday at the Palms. Patrons gathered at the bar to celebrate Mardi Gras, French for "Fat Tuesday," before Lent began on Wednesday.

## CHANNELING THE BIG EASY

### Far from New Orleans, Maryville still parties on

By Kenny Larabee  
Community News Editor

Hunched over from the weight of literally thousands of beads and with a Cheshire grin on his face, the King steadied the crown on his head. He was about to grant his first interview, just seconds after his coronation.

"It feels crazy awesome," the King said.

Before he could utter another proclamation, his new subjects whisked the King away to shower him with drink and

adoration.

Ryan Ames — named the 2009 Mardi Gras King at The Palms — was among several revelers celebrating Mardi Gras Tuesday night in Maryville. One last night of debauchery before the onset of Lent and 40 days of repentance.

Mardi Gras, or Fat Tuesday, is the final day before Ash Wednesday, the official start of Lent.

The day is the final one of the Carnival celebrations that run right up until Lent, the 40-day season of fasting and

prayer before Easter. The time may vary, but the Carnival celebrations are widely recognized as beginning with the Epiphany on Jan. 6 — the day the Magi, or three wise men, visited Jesus — and ending on Fat Tuesday, 40 days before Easter (Sundays aren't included in the 40-day count). This year, Easter falls on April 12.

There are several famous Mardi Gras celebrations across the globe, one of the most famous being the Mardi Gras celebrations in New Orleans.

But in Maryville, the place

to be at was The Palms, according to Tiffany Logue.

Logue is the reigning Palms Queen. Her crown was won in last year's St. Patrick's Day celebration and she said she was having a great time celebrating Mardi Gras.

"As the current Palms queen, I couldn't find a holiday I like more," Logue said. "Except St. Patrick's Day ... duh."

Other partygoers weighed in on the festivities, including Jon Watkins, who was seated with a table of his friends.

See **MARDI GRAS** on **A5**

### UNIVERSITY NEWS

## Students will have hand in coupon 'revolution'

By Evan Young  
Editor in Chief

A St. Louis-based start-up company is teaming up with University students to create and implement a Web site that aims to get shoppers clicking, instead of clipping, for coupons.

Alyoop, Inc. and a group of students taking computer science and marketing/management classes will develop an online service that electronically delivers coupons to consumers based on the specific products they include on customized digital shopping lists — all at no

cost to them.

Computer science students are helping design a test version of the Web site, while those on the marketing end of the partnership are researching ways Alyoop can best target consumers through market analyses and focus groups.

"I was really excited for the opportunity," said marketing student Tommy Hartsock, whose class had several clients/projects to choose from. "As far as the industry I think it is a really cool idea that no one has really thought of, so I think there is a lot of potential in

the market for it."

Both groups of students will receive class credit, not to mention resume-building professional experience.

Even though the company is still in its infancy, the industry it's looking to join looks promising. A decline in newspaper readership in recent years and shoppers' unwillingness to pour over "pages of ads for products in which they have no interest" has led to an increase in online coupon use, said Alyoop's James McKee III, who is a member of the

See **COUPONS** on **A5**



photo by seth cook | photography editor

MARK HOEMAN OF Alyoop Inc. and President Dean Hubbard sign an agreement that would ask Northwest students to design software for the company. The start-up company plans to provide shoppers with coupons which match customer-generated shopping lists over the Internet.

### SAFETY

## Team offers training for disasters

By Kiley Swopes  
Chief Reporter

Don't remain a victim; make the choice to become a responder.

Campus Community Emergency Response Team (C-Cert) is a training course for Northwest students and faculty to learn how to respond to a disaster and handle the aftermath of a disaster, co-trainer April Haberyan said.

The training was held at Northwest throughout February. There were 25 slots and 17 were filled and completed, Haberyan said.

C-Cert trains citizens to be a responder to emergencies. In a disaster, first responders are overwhelmed and it is suggested that victims know how to take care of themselves the first three to seven days after the disaster, co-trainer Mark Corson said.

"With this program offered at Northwest, we will now have an organized and trained auxiliary to help out campus safety," Corson said.

The training consists of completing 20 hours in order to be certified. Within the training, participants learn: how to put out small fires, identifying hazards, first aid, light search and rescue and disaster preparedness, Haberyan said.

"Of course with the certification, responders learn paperwork, disaster psychology for both a victim and a responder and how to deal and recognize terrorism," Corson said.

The certification can help responders become volunteer firefighters or EMT for their communities later in life, Corson said.

Once the training is completed students are encouraged to attend the Atlantic Hope field training exercise at Indian River State College in Fort Pierce, Florida, Corson said.

"We have four faculty, two alumni, and 16 students attending the field training this year," Corson said. "Last year we only had four participants attend, so we are excited to be sending a lot more this year."

Held March 5-9, participants are in a mythical country called, "Atlantica" where the country is experiencing a civil war and then hit by an earthquake.

"Participants get to experience how to handle mass casualties, humanitarian negotiations, safety and security," Corson said.

The next C-Cert training is tentatively scheduled for late September. Specific dates are to be announced.



DIVERSITY

Campus relies on recruitment, organizations to retain diversity

By Lisa Houtchens  
University News Editor

Northwest creates a diverse atmosphere to help students step out of their comfort zone and prepare for their future.

As a way to create the diversity for student to succeed on all levels, the admissions office reaches out to inner-city students, the Intercultural and International Center retains diversity and students get involved to recruit.

Gina Smith, Assistant Admissions Director, recruits in inner-city areas for Northwest. Smith focuses on a wide area of diversity while speaking to high schools in Kansas City, St. Louis and Wright City. Focusing on these areas give

the students the opportunity to hear that going to a university is an option.

As part of recruiting, Smith and others attend college fairs around the Midwest; letting students know that grants and scholarships are available makes it easier for students to place themselves in the college atmosphere, Smith said.

Having a diverse campus is something that is not only important to all students but faculty as well.

"We are trying to prepare people for the modern world, and you have to have diversity to do that," Smith said.

Letting students know that there are opportunities and

resources available at Northwest often helps get students comfortable in the new setting, Smith said.

Northwest students also know that promoting to inner-city areas is important to create diversity on campus.

Jason Williams, president of Students Taking Action Through Service (STATS), helps to present a unique experience to the students in inner-city students. The high school students have the opportunity to shadow Northwest students throughout the day, go to class and attend meetings with them, Williams said.

"Although we recruit for college, we are trying to tailor our recruiting to get more diversity

at Northwest," he said.

Since 2005, diversity on campus has increased at least 7 percent. This growth occurred due to recruitment from areas such as Kansas City and St. Louis, Ame Lambert, intercultural affairs director said.

A support structure was developed by the IIC to make sure diversity is retained, Lambert said.

The IIC identifies the individual needs of the students and the expectations, to ensure the student's success and then makes realistic goals to achieve those expectations.

One of the biggest challenges when involving different races is getting people to interact with

each other and stepping out of their comfort zones, Lambert said.

"When it comes to stepping out of my experience and into somebody else's and really listening to somebody else's story ... we have tunnel vision," Lambert said.

As a way to remove the 'tunnel vision,' the IIC has services, such as TUG and MMO, which are provided to promote learning and achievement of personal goals along with promoting diversity.

"At Northwest, there is an opportunity for students to learn about each other, all of the people who make America," Lambert said. "It is a great way to prepare

students for the work place."

Student organizations on campus are another way that diversity is promoted and used to retain diversity on campus, she said.

Mentors are provided to minority students to assist their transition into the Northwest atmosphere. This program is known as Mentors Over Retention Program (MORE), is used to retain the students and create leaders that are able to make an impact on their future, Lambert said.

"There are lots of good people who want to do good things and there are lots of good people working to do good things," Lambert said.

ASH WEDNESDAY



photo by jarod darke | senior photographer

SOPHOMORE JORDAN ROTH receives his ashes from Father Patrick Caveglia, Order of Saint Benedict, during an Ash Wednesday service on campus at the Station. The noon Mass was held by the Newman Catholic Center. The service gave students an alternative to traditional services off campus.

THEATER

New theater to open with musical 'Celebration'

By Tiffany Hunter  
Missourian Reporter

Get ready for the Broadway musical "Celebration," brought to you by the Northwest Theatre. The new black box theater on the south side of the Performing Arts Center, will host the musical as a part of their grand opening at 7:30 p.m. March 5-7, and March 12-14, with a special matinee performance at 2 p.m. March 7.

The musical, which was written by Tom Jones and includes music by Harvey Schmidt, will feature four actors, a cast of Revealers who will take on the roles of multiple characters and a five-piece band.

"Celebration" is a musical about the struggles of four individuals who make some difficult decisions about their lives regarding money, love and innocence.

"We've been planning for a new theater for 30 years and it just got put on hold. 'Celebration' is perfect for the new space," said Communication, Language and Theater Director Theophil Ross.

"The new space has the heart and the very essence that is theatre," said Ross.

Tickets for the musical are \$10 and can be purchased with cash, check, or charged to students' Bearcat accounts.

Erika Baker is one of the six Revealers in the musical. The

Revealers represent an artistic view of the audience and sing and dance throughout the show to help with the plot.

"The show has a great deal of audience involvement and is a really in your face type of show," said Baker.

"The show represents the journey of life and loss of innocence and a gain of intelligence. I think the show will bring a fun and interesting aspect to the campus that will make people think," Baker said.

Jones and Schmidt have worked on other musically acclaimed Broadway plays that include 'The Fantasticks,' '110 in the Shade,' and 'I Do! I Do!'

LANGUAGE DEPARTMENT

'Feast of Languages' caters to multicultural cuisine

By Tiffany Towne  
Missourian Reporter

A night of entertainment coupled with a night of learning could make for an ideal Saturday.

Food, music and language from around the world will fill the J. W. Jones Student Union Ballroom for the Feast of Languages at 6 p.m. on Saturday, giving guests the opportunity to sample other cultures while enjoying a night out.

"It is an open event; share languages different from English through feasts of different coun-

tries and entertainment of different cultures like Spanish, French and ASL," Spanish instructor Francisco Martinez said.

Northwest and Maryville High School language students will do some performances. Other musical entertainment will be provided by Sabor!, an eclectic Latin band from Iowa.

"The music is very authentic, feels like you're hearing a band from Mexico," Spanish instructor Reina Drake said.

The cuisine will consist of French, Spanish and American food prepared by Aramark and

volunteer chefs.

The theme of this year's Feast of Languages is "Lights, Camera, Languages." The event has been put on by the Department of Communications, Theatre, and Languages since 2000.

Tickets cost \$10 for the general public, \$8 for Northwest students and \$6 for seniors and children under 10. Students and faculty may charge tickets to their Bearcat accounts. Tickets can be purchased at Student Service Center on the first floor of the Administration Building or in room 237 in Wells Hall.



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SHERIFF’S DEPARTMENT



DEPUTY CASEY HOLTMAN analyzes several objects pulled from a vehicle acquired by the police. Holtman began her job as deputy the last week of January.

New deputy ready to serve

By Whitney Keyes  
Managing Editor

There’s no doubt it must have been hard. Juggling a day job at Casey’s, raising her two children Vincent and Delores and working her way through the Missouri Sheriff’s Academy at night.

But now, Casey Holtman is the first female deputy sheriff in Nodaway County.

On top of that, her kids get full bragging rights at school, as do her mom and grandma.

“My mom brags almost to the point of embarrassment,” Holtman said. “My kids are collecting all of the articles about me and making a scrapbook. They’re telling all of their friends at school their mom’s a cop.”

Holtman is Nodaway County’s newest officer – she’s been the job for about a month, fresh out of the academy in St. Joseph, Mo.

Holtman saw an ad for the sheriff’s academy after her divorce and decided it was time to follow her dreams with the help of her mother.

“Without her, I would have gone crazy,” Holtman said of her mom, who often babysat Vincent, now six, and Delores, now eight.

After 11 months studying and

writing way more reports than expected, Holtman graduated.

Now though, she’s in the field. No two days are alike, she said and there’s always something going on.

“This is the ninth biggest county in the state and there’s a lot going on,” she said.

Even just a few weeks into the job, Holtman has already had to respond to a shooting on Friday, Feb. 13.

“I showed up just a little too late,” she said. “I missed all the excitement.”

Holtman’s ready for the excitement, she said. Though she’s the only woman on the force, she doesn’t let that bother her. Ask her what to do if she needs to arrest a big, strong masculine criminal and she’ll simply say “Arrest him.”

Her courage has already reached her son Vincent, who says he wants to be a cop just like his mom when he grows up. Either a cop or dentist. Maybe both – he’s not sure yet, but he’s still got time to decide.

“It is a dangerous job, I just don’t think about it on a daily basis,” Holtman said. “A few years ago, when I told my mom what I wanted to do, she wasn’t so sure. She’s ok with it now. My family knows I’m not a pushover.”

RELIGION

Local churches celebrate Ash Wednesday, Lent

By Greg Miller  
Missourian Reporter

Some consider the high point of the church year the celebration of Christmas. But in religious scriptures, teachings point to the importance of Easter, the resurrection of Jesus Christ.

Ash Wednesday is the beginning of 40 days of Lent, a season that many religions use as a time of penance and renewal.

Ash Wednesday, the beginning of the 40 days of Lent, is seen by many church-goers as the first day of the Lenten journey.

In the Catholic Church, Lent is viewed as a penitential time.

“We drop any mention of Alleluia in the mass...mass is a bit simpler, we use purple to represent sorrow, and our music is much simpler,” said Father Martin DeMeulenaere, O.S.B., priest of St. Gregory’s Catholic Church in Maryville.

“You give up things you voluntarily do without... maybe a TV program or work for charity,” he said.

Catholics give up these things for the sake of doing something else. DeMeulenaere said it’s a way to see how much someone can do without so Jesus can become more of a part in their lives.

He uses the example of giving up salt or ketchup for Lent. “Jesus is the flavor of our lives...hunger for the bread of life,” DeMeulenaere said.

Historically in the Catholic Church, the use of ashes was meant to show uncleanness among the sinful.

“People who were public sinners would stand outside the church for 40 days,” he said.

Today, ashes for Catholics remind them of their mortality. When their foreheads are marked with ashes, they may hear the words “Turn away from sin and be faithful to the Gospel,” DeMeulenaere said.

The scriptures during mass in Lent describe Jesus’ temptation in the desert, his transfiguration and Gospel teachings. DeMeulenaere said the Gospels lead the

community to realization of sinfulness.

Catholics follow Jesus’ journey in Lent from when Jesus prayed and was arrested to the cross.

The events culminate to the Triduum. Holy Thursday represents the Last Supper, and Good Friday when Jesus was crucified. During the Easter Vigil, the service begins with lighting the new fire and the congregation hears the history of the scripture.

The Easter Vigil is also when adult candidates are baptized and confirmed into the church.

Methodists use Lent as a means of remembering the sacrifice Jesus made for all the people of the world.

Pastor Tom Sullenger of the Methodist Church in Maryville, says Methodist practices are similar to those of Presbyterians, Episcopalians and Catholics.

“Many people think Christmas is our biggest day, but Easter is a focal point in most churches,” Sullenger said. He describes lent as a “means of remembering the suffering and sacrifice.”

The church’s banners are normally purple during Lent to follow the theme of remembering. The colors then change to black on Good Friday, when they remember Jesus’ death. Then the colors change again to white or gold on Easter Sunday, to celebrate the Resurrection.

“We start the season with a penance, throughout the days of Lent we sacrifice to remember his sacrifice,” Sullenger said. “Fasting includes giving up bad habits.”

On Ash Wednesday, Methodists use the day as a chance to confess their sins, and begin their sacrifice until Easter.

“The ashes are a symbol of mourning and penance,” he said.

Throughout Lent, Sullenger said services focus on the journey from Jesus’ transfiguration of the cross, to his death and resurrection on Easter Sunday.

“Easter Sunday represents when the tomb is opened and he is not there,” Sullenger said. “Then the fasting is over.”

CITY GOVERNMENT

Water rates expected to rise for city improvements

By Elizabeth Sexton  
Chief Reporter

It’s essential for life but soon will be costing local residents more.

Water bills in Maryville are expected to rise in order to drain outdated methods of treatment after the city council addresses proposed rate increases this April.

Due to city growth and state requirements, improvements — and the bills attached — are unavoidable said Public Works Director Greg Decker.

“Unfortunately, you can’t do without water,” said Decker, who has been working on solutions for three years.

From car washes to consumers, Decker said everybody is going to feel the hike — an anticipated 10 percent on water and 15 percent on sewage.

“We are working towards public hearings,” he said. “We have an obligation to educate the public so they can understand our

justification for raising fees.”

The added funds will flow into two types of projects: sewage and water.

“We are trying to look at a bigger picture and do one gradual increase,” he said.

The “big picture” includes mandated renovation on sewage treatment, costing a minimum of \$6 million to \$8 million.

For more than 30 years, city wastewater has been treated by a lagoonsystem, where microorganisms break down materials left in leftover water.

With new treatment laws, lagoon systems no longer meet acceptable levels of chemical makeup.

As budgets throughout the state face growing constraints in a weakened economy, the city has three years to comply.

“We have no choice in that manner,” said Decker. “We are mandated by state and federal law to meet the new terms.”

At the same time, upgrades for

water systems are past due.

“The last water tower was built in 1974,” Decker said. “Everybody can appreciate that over 34 years our city has grown so that we need to update our infrastructure.”

At current storage capacity, water pumped from outside city limits has not always met community needs.

“We have had situations where we had major water line breaks and folks have been without water,” Decker said of town, where up to 2.7 million gallons of water can be consumed daily.

At an estimated \$2.4 million, two new water towers will provide the city an additional 1.5 million gallons, ensuring adequate water supply in case of catastrophe.

Required filter replacements at the water plant will absorb an additional \$2.1 million to \$2.4 million.

The current filters, which Decker says are like the ones you use at home — but bigger, will expire by 2013.

The rate increase will also bring a boost to the control system. Decker said improvements will increase efficiency, enhancing equipment communication.

Durring discussion Monday, public concern was voiced regarding frequency.

Mayor Chad Jackson said that the 20-year plan includes another rate increases within two to three years to keep the city on schedule for capital improvement projects.

“We have over \$20 million worth of improvements scheduled in the next seven to ten years,” said City Manager Matt LeCerc.

“We have to have an expectation of how we are going adequately make those changes.”

LeCerc said that Maryville’s utility rates are “well behind the curve” compared to other communities.

“We’ve known about this for some time,” said Decker. “Hopefully we are being proactive, making the best economic decision for the city.”

# Student Senate

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Web: (660) 562-1225  
Fax: (660) 562-1521  
E-mail: northwestmissourian@hotmail.com

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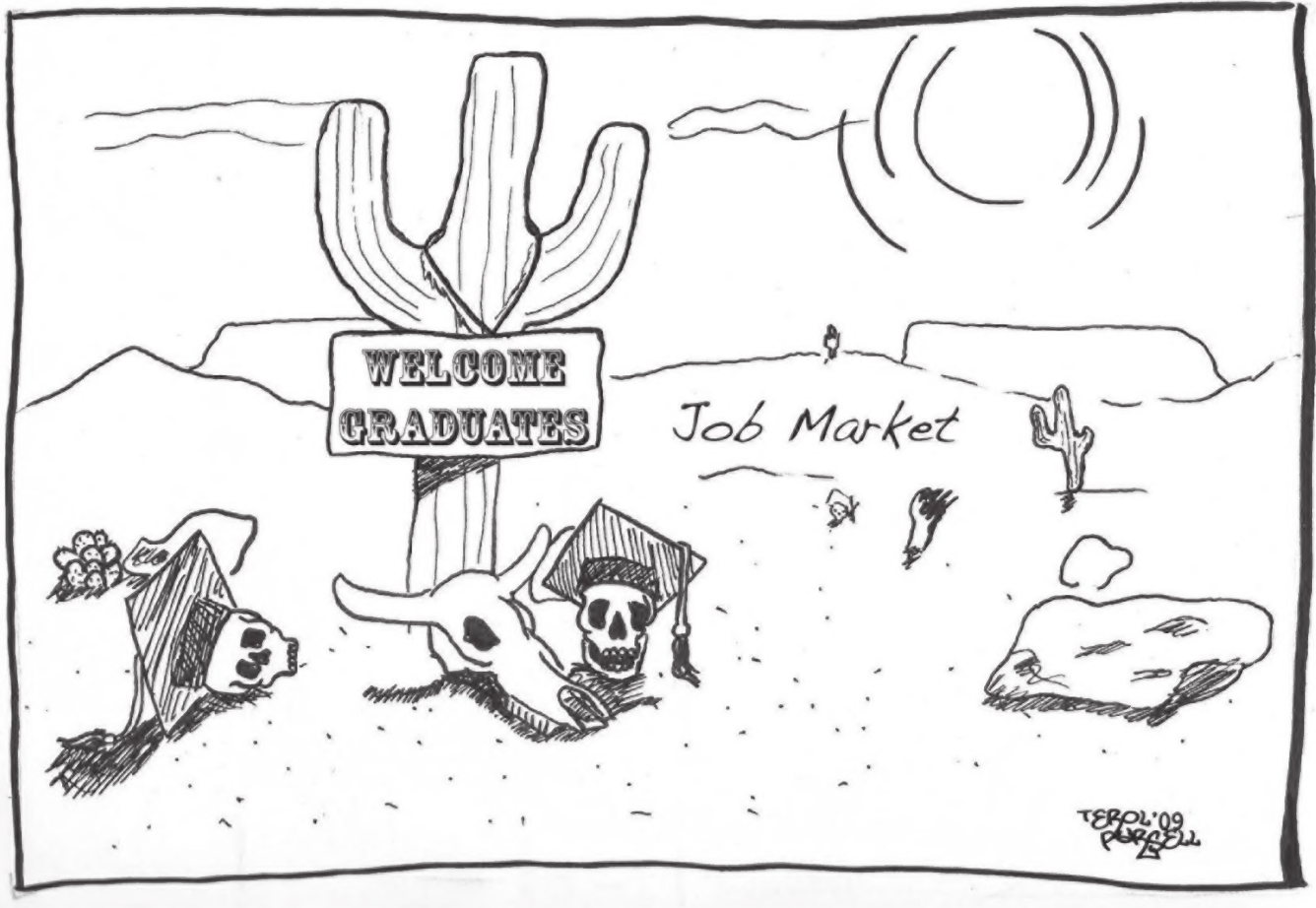
OUR VIEW

Say it ain't so, Coach T, but best wishes if it is

More than a few Bearcat football fans' eyebrows shot up earlier this week at the news that head coach Mel Tjeerdsma was one of three finalists for a head coaching position at (gasp!) another university. Indeed, the one we 'Cats call "Coach T" will head down to NCAA Division I University of Texas at San Antonio this weekend for an interview that could make him the very first head coach of the school's new football program. Reaction has been, as one might expect, tremendous, especially on the World Wide Web. Mel's possible move was covered from our publication's Web site to the Kansas City Star's – and beyond. Even the Denver Post and Seattle Times mentioned the UTSA search in brief on their sites. And Facebook, as always, became the instant rallying rendezvous; a group titled "Please Stay Coach Tjeerdsma" has already gained more than 1,300 members. The evidence leads toward one painful conclusion: we haven't given the idea that Tjeerdsma might not be our coach indefinitely much

thought at all. We've had good reason not to; he's been here for 15 years and has become as integral a part of our football program as the Bearcat name itself. He helped our football team crawl out of a 0-11 trainwreck during the 1994 season and steered the program to two Division II national championships and 10 MIAA titles. His leadership on and off the field, which bears his name, has produced some of the most electrifying performances – and performers – in college football history. Without a doubt, Tjeerdsma has more than paid his dues to Northwest football and to Bearcat athletics in general. Sure, the team has walked away empty-handed from the national championship the past few years, but considering Tjeerdsma helped the 'Cats earn the chance to even appear at all those games makes the former statement seem rather trivial. Tjeerdsma appears upbeat about the UTSA opportunity. He said the move would put him closer to his children and grandchildren and is confident it wouldn't cause the Bearcat

franchise to come crashing to the ground. It's counterproductive to speculate about Tjeerdsma's chances of becoming UTSA's coach; the outcome could easily go either way. What we should do is stand behind the coach who has given us so much, regardless of his or USTA's final decision. We'll welcome Tjeerdsma back to Bearcat Stadium with open arms this fall if he doesn't get the job, but if he does, and decides to "Give 'Em Mel" in San Antonio, we're fine with that, too.



MY VIEW

Women don't need to be 'irrational' to fit into society

I do not label myself as a feminist; I don't label myself much of anything at all. However, I feel the need to address the subjection of women in today's society because it is still an issue. True, I present this as a woman, but my sex should have no relevance to the topic at hand. First and foremost I am a person, a being with a great deal of reasoning capacity, presenting a topic that is easily overlooked. I am presenting this as a person who just so happens to deal with this subjection every day, in what is said and what is silently implied. My lust for knowledge is growing every day. Yet still I am stifled. Still at every turn, I am not considered a rational person by men and women alike. Instead, I'm just a silly, capricious creature with no intelligence, no capacity for anything but childbirth, childrearing and caring for a husband and home. A woman "is not intended

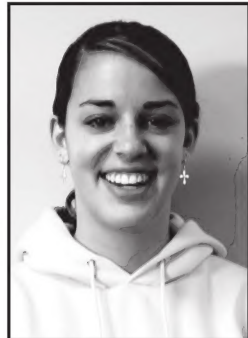
for great mental or for great physical labor. She expiates the guilt of life not through activity but through suffering, through the pains of childbirth, caring for the child and subjection to the man ..." German philosopher Arthur Schopenhauer said. The majority of society isn't this drastic. But is the foundation of this essay so far off today? What was gained at the end of the women's rights movement? Women gained a position in the work force and still maintain the positions that were found previously – childbearing, childrearing, caring for a husband and home. With equal rights came the juggling woman we watch in the circus of life, trying to balance work, kids, the house, dinner, a husband and so forth. Where is the burden sharing? Obviously, men can't bear children, but they can rear children just as easily. One might claim that women are naturally inclined to do so, but does this have to be so today? Anything can be learned. Why then do more women still stay home than men? Why do more women have an active role in child development? Why are fewer women U.S. and world leaders? Why do women in leadership roles within the workforce receive less pay than male employees who are given less responsibility? We now have equal rights. Should there not be an equal balance as well? Unfortunately, my fellow woman is the greatest enabler today. Women are raised by other women, and purposely mold themselves in later years, to fit into this role. And there is nothing worse to a woman fulfilling her original role than seeing a woman straying from that engrained "responsibility". Women: it's all right to seek companionship, but you don't need to depend on somebody to make you happy. You don't need to subject yourself to anybody, regardless of sex. So stop. Stop degrading yourself and your fellow woman. Stop allowing yourself to be degraded. Stop demeaning other women for their enjoyments that you wish you could enjoy, once enjoyed, do enjoy today, or will enjoy tomorrow. Stop being irrational to fit into society. Speak your mind. If a man doesn't like that you have something worth saying, he obviously isn't worth your time. Be controversial. Take everything you were raised to do, raised to be, and throw it out the window. Men created the chains of society before the original compact, but women today keep those chains closer to their hearts than a crying baby.



Kathleen Wilmes  
Opinion Editor

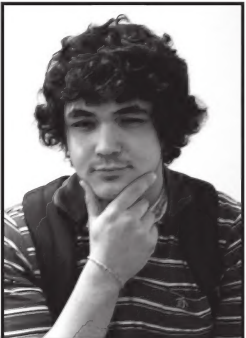
CAMPUS TALK

How has the poor economy affected your college lifestyle?



"It hasn't affected me much at all at Northwest."

Kristen Kientz  
Elementary Education



"I have a very luxurious lifestyle. Fortunately for me, I am not affected by the economy. I still live the American dream, recession or not."

Brian Leddy  
Wildlife Ecology and Conservation



"(I) lost (my) job at home, but didn't affect school life."

Kayla Littrell  
Elementary Education in Early Childhood



"The economy has affected the way that I budget my money and changed how I feel about my future as far as an occupation that can support me for a long time."

Carlton Myles  
Accounting



"It hasn't."

Randall Pyfrom  
Management/Marketing

MY VIEW

Fury over Post cartoon overhyped, unnecessary

The NAACP has gone too far. After a cartoonist's naïve perspective, the NAACP calls to fire Sean Delonas, the New York Post's cartoonist, and his editor. If they are not fired, the NAACP threatens to boycott the Post and Fox affiliates. The cartoon featured a chimpanzee that had been shot by police officers and the caption "They'll have to find someone else to write the next stimulus bill." A misunderstanding of the cartoon is justified. It's easy how some could see the chimpanzee as a racist illustration of Obama, but looking at the cartoon closer might indicate otherwise. The context of the cartoon references the recent mauling of a Connecticut woman by a chimpanzee that was later shot and killed by police. The chimp in the cartoon was not intended to be anything other than a chimp. The caption states that next time "someone else" will have to write the stimulus bill. Congress wrote the bill, Obama simply suggested and signed it. Even if the chimp was intended to be Obama, which it's not, then the caption would not match up. The NAACP is not the only group protesting the Post; many other minority organizations and groups are joining. Even businesses are urged not to buy advertising space. Delonas received numerous angry calls and letters about his "racist" cartoon. "Do you really think I'm saying Obama should be shot? I didn't see that in the cartoon," Delonas told CNN. The first thought that came to mind when looking at the cartoon was that the monkey symbolized Congress. I never linked the monkey to Obama. It just sounds like opportunists making a mountain out of a molehill. Delonas was just naïve; he didn't connect the dots between a chimp and Obama being potentially racist. Along with Delonas, the NAACP also wants Delonas's editor fired for printing the cartoon. Maybe there was a lapse of judgment, or maybe no one in the office saw a thin racial slur. No serious harm was intended by Delonas or The Post. Sure, Delonas and his editor should get a slap on the wrist for not taking the time to consider every individual's views, but firing them is unnecessary. If the monkey had been wearing a nametag that read "Obama" then sure, fire them. Putting a nametag on the monkey would have factored out confusion. Better to be over cautious than leaving interpretation up to the viewer's discretion. I guess Delonas didn't recognize the need for a nametag. Whatever the cause for the careless oversight, there is no need for all of the commotion. Satire is meant to be comical and thought provoking, maybe even a little unnerving. However, the overall cartoon was not racist.



Darleen Denno  
Contributing Columnist



## COUPONS: Company expects to change industry

Continued from A1

company's senior management team.

Page views on Web sites offering some sort of electronic coupon totaled 281 million in March 2008, which represented a 38 percent increase from March 2007, according to data from comScore, an Internet marketing research company.

Alyoop officials predict their finished product and service, patent-pending, will revolutionize the coupon industry by saving both shoppers and manu-

facturers time and money.

On the consumer side, the concept would streamline some of the shopping process. After creating an account on the site, users can compose, edit and save multiple shopping lists. The site would sort the lists' content into categories and search its coupon database, selecting offers from retailers that both match up with list items - including brand-name goods - and are valid in the users' zip code. Shoppers would receive a compilation of relevant electronic coupons, which can be printed from a

computer or even scanned from a cell phone later in the checkout line.

For participating manufacturers, the service would eliminate the need to print and distribute mass amounts of paper coupons that shoppers may pass up because they don't need the product, thus cutting costs. In addition, manufacturers can monitor their discounts on the Web site and make immediate changes by zip code should market conditions warrant them.

Students will continue to develop the project through the

end of this trimester and into the summer, when some students will have the chance to continue working with Alyoop as interns, Sanders said.

In the meantime, however, Hartsock said he is anxious to see what this project means for Alyoop's future - and his own.

"I am most looking forward to the networking opportunity and gaining real world experience," Hartsock said. "I feel this project when completed will be something that will look good on a resume and help me take the next step after college."

## TJEERDSMA: Texas position puts coach closer to family

Continued from A1

"I've always said I don't want to leave here unless everything is in good shape and I don't know if we could be in much better shape. We've got a good thing going."

The Roadrunners are just starting their football program and will compete for the first time in 2011 as an independent in the Bowl Subdivision, formerly Division I-AA. They have their sights set on going through to Division I and hopefully Conference USA, Tjeerdsma said.

"It's a big school," Tjeerdsma said. "They have about 30,000 kids and San Antonio doesn't have any college football. They wouldn't play for two years. They would sign a class and red-shirt them and practice, then the next spring sign another class and play that fall."

UTSA will launch their football program in December. The Roadrunners will be playing in a brand-new \$84 million athletic complex and should draw quite a crowd.

San Antonio is the largest city in the country without an NFL or Division I football team according to the University's website.

Tjeerdsma said it would be a great opportunity for him from not only a coaching standpoint, but for his family as well.

"It's really a family thing too," Tjeerdsma said. "I've got a daughter in Texas and another one in Mississippi. I've got six grandchildren down there."

Even if Tjeerdsma isn't selected for the job, he is happy to stay right where he's at, here in Maryville.

"I couldn't be in a better position," Tjeerdsma said. "I've got the best job around."

## MARDI GRAS: Bar draws big crowd

Continued from A1

"This is four times the normal crowd than it is on a normal Tuesday night at this point. So we're having a great time," Watkins said before adding what he would sacrifice over Lent. "I'm giving up smoking cigarettes."

With hesitation in his voice, Watkins seemed ready to withdraw his statement, but his claim was within hearing dis-

tance of Ames, who quickly told Watkins he wouldn't let his friend off the hook.

Ames won the king contest by performing a series of stunts alongside other potential candidates. Judges tallied up the scores from all of the candidates before announcing Ames as the winner shortly before midnight. It was the first year The Palms held the contest.

Ames won several prizes and will now ride in The

Palms' World's Shortest St. Patrick's Day Parade on March 17, Palms' Manager Jamie Scott said.

Scott also said that the event was a success for The Palms, even given that it was the first year for the king contest.

"It's usually pretty busy, but (Tuesday) night seemed like it was more," Scott said. "I think it turned out pretty well."

### OBITUARIES

**Amy Arcille Pierson**, 85 of Quitman, Mo., died Thursday, Feb. 19 at St. Francis Hospital in Maryville, Mo.

She was born Nov. 9, 1923, in Maryville to Glenn and Amy (Leach) Bloomfield. After the death of Arcille's mother, she was raised in the home of Denver and Julia Loch. Arcille was a graduate of Pickering High School in Pickering, Mo.

She married Cecil Carl Pierson, CTC US Navy Retired, on March 3, 1942, in Maryville.

A member of the United Methodist Church, Pierson was also a member of the L.L.L. Club of Quitman, Mo.

She was preceded in death by her parents, husband Cecil Carl Pierson (March 1, 1995), son Thomas Carroll Pierson, brother Warren Elvet Bloomfield and sister Thelma Louise Swift.

She is survived by her daughter Julia Lyle and husband Roy Ed of Burlington Junction, Mo., three granddaughters: Shelley (Scott) Buckles, King George, Va., Sandra (Todd) Mason, Greenfield, Mo., and Robin (Steve) Shamberger of Graham, Mo. six great-grandchildren: Andrea, Carl and Erin Mason, Blake and Brice Shamberger and Tom Buckles.

Burial will be in the Quitman Cemetery, Quitman, Mo. Memorials may be made to the American Heart Association.

**Hallie Margarette (Joyner) Heflin**, 83 of Maryville, Missouri passed away Tuesday, Feb. 24 at St. Francis Hospital in Maryville.

Heflin was born March 22, 1925, in Toms Creek, Va., the daughter of Duffie Jerome and Mary Elizabeth (Meade) Joyner.

A 1944 graduate of Ravenwood High School, Ravenwood, Mo., Heflin married James Sherman Heflin on August 11, 1946 in Ravenwood, Mo.

She was a member of the Countryside Christian Church in Maryville and the Morgan Sunshine Club. A homemaker, Heflin retired from Northwest Missouri State University, having worked in the custodial department.

Heflin was preceded in death by her husband, James on Dec. 8, 1997; her parents, sisters: Thelma O'Riley and Virginia Crenshaw; a brother: Raymond Joyner; a daughter-in-law: Ann Heflin and grandson-in-law: Brian Halley.

She is survived by her sons: Paul Heflin, Maryville; David (Carol) Heflin, Pickering, Mo., seven grandchildren: Jennifer Halley, Karis Morrow, Erin Allen, Jacob Heflin, Brianne Wyatt, Jenna Heflin and Alex Heflin; eight great-grandchildren: Rachel Auffert, Amberlea Auffert, Tye Halley, Zeke Morrow, Isaiah Morrow, Victoria Allen, Don Allen and

Luke Allen; sister-in-law: Jean Middleton, Salt Lake City, Utah and numerous nieces and nephews.

Funeral services will be at 2 p.m. today at Price Funeral Home Chapel, with burial in Miriam Cemetery, Maryville, Mo.

Memorials may be made to the American Diabetes Association, 10580 Barkley Parkway, Suite 400, Overland Park, Kan. 66212 in Heflin's name.

**Springfield - Elaine Donahue**, formerly of Maryville, Mo died on Friday, Feb. 20.

Donahue was born on Sept. 12 in Emerson, Iowa to Walter and Geneva Allison.

She worked in nursing services at St. Francis Hospital in Maryville, Mo.

She married William D. Donahue Jr. Oct. 1, 1940 in Falls City, Neb.

Donahue was preceded in death by her parents, her husband, brothers Errol and John Allison and sisters Gladys Bartlett and Grace Jandreau.

Survivors include three daughters, Carol Hutson, Springfield, Mo., Patricia Frear, Gillette, WY and Connie Joyner, Council Bluffs, Iowa. Two sons, Rodney Donahue, Odessa, Mo. and Billy Donahue, Springfield, Mo. One Sister Sharon Weber, Council Bluffs, Iowa, 21 grandchildren and 20 great-grandchildren, 4 great-great grandchildren.

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FITNESS



photo by alex lepert | convergence director

Sarah Gaughan imitates instructor Danielle Ewing in a Sage Twist Pose or Marichyasana III. This pose is designed to release tension around the spine for relieving backache and shoulder stiffness.

# Students breathe in, breathe out to improve health, studies, lives through yoga

By Elizabeth Sexton  
Chief Reporter

The newest campus fitness craze has taken more than 5,000 years to make its way into Martindale dance studio.

Yoga, the ancient practice of holistic exercise that looks like human-pretzel making, is now available to members of the Northwest Fitness Center.

From Wednesday through Friday, members can balance like trees and stretch like dogs, thanks to two students dedicated to showing others how they, too, can strengthen their bodies, while quieting their minds.

Instructors Danielle Ewing and Ujjwala Palem are physically like night and day—a visual

hybrid of Western style weaving into traditional art from India.

At 5 feet 10 inches, Ewing is like a redwood wrapped in yoga gear. Limbs that never seem to end emerge from her bright blue tank top and black leggings. With graceful strength, she is a human tower, stretching beyond the ceiling, towards the sun.

Striking the same poses, Palem's movements are equally impressive, yet altogether different. Moving with organic rhythm, she is nimble and grounded. Her petite frame is draped by a butternut squash colored chudidar dress—a traditional garment of fitted pants and flowing top.

"Inhale, exhale," they both repeat throughout their respective classes.

In this breathing work, they fulfill a shared inner vision for their class environment: an atmosphere where students come to improve their bodies but leave with more.

Yoga, which means "to yoke or to join," interlaces exercises of the mind, body and spirit with a single activity that can flow into several areas of one's life.

Weight loss, anti-aging and concentration are just a few of the benefits yoga is known to bestow upon practitioners.

That's right: yoga can help you get fit, stay young, and perform better in class.

Ewing, who practiced and studied yoga for five years in Kansas City before teaching in Maryville, says that students

harvest a lot of tension and anger in their hips.

"We are sitting all day in class and we get all mad," she said. "Yoga is great because it helps us release in all different ways."

Ewing uses a form of power yoga called Hatha that intertwines toning and releasing in all aspects of the body benefiting circulation, digestion and hip opening.

Like the art, Palem comes from India where she spent six months completing a teacher's training course in yoga. Her classes emphasize stretching and the Pranayama—a breathing section of exercise which focuses on Ujjayii.

Ujjayii breathing creates a

sound that is a cross between the likes of Darth Vader and ocean waves. It is known for its detoxification benefits.

"With the breathing, it purifies internal organs," said Palem. "I feel fresh all the time."

Palem and Ewing both said that yoga has changed their lives.

"I lost weight. I have control over my mind," said Palem. "And you feel good when you stretch your body - it feels very light."

Ewing, who says it's best to practice a little a lot, rather than a lot a little, offers an alternative yoga session for non-gym members at 9 p.m. on Monday nights in the Roberta Lounge.

"Yoga has made me think

completely differently," said Ewing. "Before yoga I was easily frustrated. Ever since I started, I'm probably one of the most optimistic persons you'll meet."

Yoga classes begin at 7 p.m. on Wednesdays and Thursdays and at 5 p.m. on Fridays in the Martindale Studio.

Ensuring a diverse offering of yoga style and philosophy, Ewing teaches on Thursdays, while Palem guides Wednesday and Friday classes.

Throughout their mindful contortions, there are always constants: all classes begin through "prana"—the vital forces of one's energy and end in the thankful gesture of a Namaste, an Indian salutation meaning "The light in me honors the light in you."

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- 6 c. hot cooked Barilla Plus™ penne
- 1 tbsp chopped fresh basil
- Freshly grated Parmesan cheese, optional



WOMENS' BASKETBALL

Coach reaches 500 wins with Senior Night victory

By Brian Bosiljevac  
University Sports Editor

The Northwest women's basketball game Wednesday night left a lot on the line for the Bearcats. The game represented the final time its seniors would ever play at Bearcat Arena. The game also was a must win in order to keep any hopes of playing in Kansas City, Mo. for the MIAA tournament alive.

"It feels good," sophomore Rickeya McElroy said. "I'm happy for them (seniors) too. We really wanted to help them end their season on a good note."

McElroy led the team with 22 points. She also added seven rebounds, four blocks and one steal.

Coming out of a timeout with 35 seconds on the clock Steinmeyer saw something in Baptist's inbound play. He called a timeout to change plans. The plan worked as Northwest held Baptist forcing them to take a five second penalty.

Then Baptist fouled Shelly Martin sending her to the line to shoot one and one. Martin converted on both shots extending the lead to four. Baptist's Rachael Graves marched down the court hitting a three to cut the lead to one with 21 seconds left. Graves led all players with 24 points and hit five three-pointers on the night.

Baptist again fouled the 'Cats sending senior Micaela Uriell to the line. Uriell only hit the first free-throw leaving Northwest up

two with Baptist having the last possession. Graves threw up the final heave for Baptist. The ball hit the back iron bouncing out sealing the Northwest win, 75-73.

The win not only a victory for the 'Cats' four seniors, but it also brought head coach Gene Steinmeyer to a milestone: 500 career wins.

"That's not important," Steinmeyer said. "All it means is we get something to practice for the next two days. How do I coach practice the next two days with nothing to play for?"

The 'Cats should have a lot to work on in practice the next two days now. On Saturday Northwest goes on the road against Missouri Southern. The 'Cats have faced

Southern once already this year at home. Northwest dropped that game 64-47.

"They've got a great defense," Steinmeyer said. "We've got to figure out a way to score against their defense."

Steinmeyer feels even though 'Cats beat Baptist Wednesday, it's Northwest, currently in eighth place, that has the toughest road to the tournament.

Northwest has to go on the road to beat one of the better teams in the conference Saturday to clinch the tournament berth. If the 'Cats lose it opens the door to Missouri Western and Baptist, who play each other Saturday.

"We're the long shot," Steinmeyer said. "We're the Rudy."



SOPHOMORE POST RICKEYA McElroy goes for the jumper over a Southwest Baptist defender in the 'Cats' win. McElroy lead Northwest with 22 points, seven rebounds and four blocks.

photo by seth cook  
photography editor

TRACK AND FIELD

Bearcats head back to UCM for fourth time this month

By Jason Lawrence  
Asst. Sports Editor

The Northwest track and field team is heading back to Warrensburg this weekend for the third time in four weeks.

They will take part in the MIAA Championships on Friday and continue to compete through Sunday.

"I'm just trying to get out and have a good showing," sophomore heptathlete Zane Myers said. "I want to compete well and score some points for our team."

This week has been a week of relaxation for the Bearcats to make sure that everyone is fresh for the last meet of the indoor season.

Although it has been a lighter week of practice, freshman hurdler Tyler Shaw went down Monday with what the coaches are hoping is just a sprain, Koschel said. Junior sprinter Jimmy Griesbach also went down with an injury, suffering a sprained hamstring during the UCM Classic last Friday.

"Mostly, I feel bad for the athletes," Koschel said. "They've pushed and they've worked and put every effort into it. It's going to be hard for them if they won't be able to compete, but the team will push through it."

Central Missouri's facilities should be very familiar to the Bearcats. Everybody knows what they are going into, there shouldn't be any surprises, Koschel said.

Last weekend at the Central Missouri multipurpose building, the women's 4X400-yard relay team of Hannah Henry, Audrey Bailey, Alissa Miller and Bridget Kleine won the event in 4:00.95. Martin Curley won the triple jump with a career best 45 meters, 11 and one-fourth inches. Shaw won the 60-meter hurdles for the second straight meet with a time of 8.29 seconds and John Miles equaled his career in the 60-meter dash by winning the event in 6.83 seconds.

In addition to the victories, four personal records were set at the meet. Ben McKim threw 55 feet, 11 and three-fourth inches in the shot-put to pass his previous best by six inches. Bailey ran a career best 59.53 seconds in the 400-meter dash, finishing fourth in the event. Emily Churchman finished second in the long jump with a career best 17 meters six inches while Curley finished fourth with a mark of 22 meters, two and a half inches, setting a new career best. Koschel is very excited with the showing at the UCM Classic and thinks it will carry over to the MIAA Championships.

"People got all of the kinks out and the last-minute things we needed to figure out," Koschel said. "A lot of people got over some humps that we needed to get over and had a lot of breakthroughs."

Several Bearcats have a chance to go to the NCAA Championships in Houston, but must move up the charts at the conference meet in order to qualify.

"We need people's heads to be in the right spot, ready to go out and compete the way that they can," senior pole-vaulter Melanie Royeton said.

MHS WRESTLING | STATE CHAMPS



photo by jarod clarke | senior photographer

JUNIOR BRYCE ALEXANDER wrestles during the district tournament. Alexander won the 152-pound weight class at districts on his way to the state title.

|   |  |
|---|--|
| <br><b>Bryce Alexander</b><br>Junior | Weight Class:<br>152<br>Record: 42-1<br>State Tournament:<br>Pins: 2<br>M-Dec: 1<br>Decisions: 1<br>- First season wrestling for Maryville |
| <br><b>Dannen Merrill</b><br>Junior  | Weight Class:<br>119<br>Record: 42-1<br>State Tournament:<br>Pins: 2<br>T-Falls: 1<br>Decisions: 1<br>- Won Finals with a pin in 3:48      |

GOLDEN 'HOUNDS  
Team has first championship duo since 1984

By Dustin Sander  
Community Sports Editor

Maryville High School did something this last weekend that hasn't happened on campus since 1984.

Two Spoofhound wrestlers came out of the weekend state champions after the team finished in eighth place.

Both champions took very different roads to the podium. For 119 pound junior Dannen Merrill, this was his third trip to Columbia. Whereas 145-pound junior Bryce Alexander made his first trip to the State Championship.

Alexander moved to Maryville before this season from Hender-

son, Ky. The high school Alexander attended didn't sponsor a wrestling team, so he was forced to wrestle in a city wrestling club.

"We had to car pool to tournaments, do car washes and stuff like that," Alexander said.

After Alexander's sophomore year, the city cancelled the wrestling club and the Alexander family packed up and moved to Maryville.

"My dad got a new job and been fringing back and forth for awhile if he wanted to switch jobs," Alexander said. "When they cancelled the wrestling program, he said 'it's time to go.' It was weird not knowing anyone and leaving all your friends, but it was cool, the team accepted me pretty

quickly and we got to work."

Alexander got right to work for the 'Hounds, and didn't lose a match to a Missouri wrestler the entire season and finished the season 38-1. He rolled through districts earning his spot in the state tournament.

"I've been to a state tournament before, but I've never really had a chance to win," Alexander said. "I knew I had a good shot to win from the beginning. Coach Drake was scouting my opponents, trying to tell me everything. I had never seen any of them before. It was just a great experience, I went out and wrestled every match like I would wrestle any other match and I ended up winning."

See **WRESTLING** on **B3**

NW BASEBALL

Pitching woes lead to winless weekend, team falls to 4-4

By Ian Myers  
Missourian Reporter

After starting the season at an impressive 4-1 clip, the Bearcat baseball team has dropped their past three contests, sending the team spiraling back to an even .500 on the year.

After splitting a double-header series against Henderson State on February 18, Northwest hit the road for

Magnolia, Ark. for a short two game road stand against Southern Arkansas and Southern Indiana. Neither contest, however, played out as the Bearcats had hoped they would.

Northwest kicked off the first of the final two games of their tedious eight-day road trip against the Muleriders of Southern Arkansas. The Muleriders marched into the game ranked fourth in the nation, and showed they were worthy

of that ranking once the game got underway.

Southern Arkansas got all over starter Bret Harvel, tagging the senior for six runs (three earned) in just four innings of work. The offense struggled to get its wheels rolling as well, as the Mulerider's starter James Schroeder held the Bearcats scoreless in seven innings of work while ringing up eight. Northwest only mustered four hits through the

nine innings of play, but never got a runner across home plate enroute to the 10-0 teeth grinding loss. Despite the offensive downfall, head coach Darin Loe wasn't too worried about the lack of runs at this early stage in the season.

"Our hitters haven't found their strides yet," said Loe. "We actually hit a lot of balls hard, we just hit a lot of balls right at people."

The results didn't get

much better the next day for Northwest either when Southern Indiana made the trek to Magnolia to conclude the Bearcats' road trip through Arkansas.

The Northwest pitching staff was roughed up for the second time in as many days as the Screaming Eagles capitalized on mistakes across the plate. Northwest senior starter Bill Disselhoff

See **BASEBALL** on **B2**



MENS' BASKETBALL

Down to their last chance, fight for the MIAA tournament

By Christopher Woodland  
Sports Editor

As they battle towards the MIAA tournament, the Northwest men's team might not have as many wins as some of head coach Steve Tappmeyer's previous teams, but they may be one of the scrappiest.

The Bearcats have played in 10 games decided by six points or less this year. So, it is fitting that after so many down-to-the wire games, the team's MIAA tournament fate wouldn't be decided until the final two games of the year.

During the waning minutes of the 'Cats' largest loss to a Division II school since losing 97-67 to Minnesota-Duluth on Nov. 30, 2002, the 'Cats still showed they were going to scratch and claw until the end.

Guard Mike Larsen dove after a ball to create a turnover, and forward Hunter Henry attempted to wave off a substitution in an attempt to remain on the court.

"Even record-wise you can look at our team, and we've had a lot of close games," Tappmeyer said. "Our guys have battled all year, so I don't have much doubt that regardless of the outcome that our guys are going to come out and play hard in these last two ball games. Hopefully it's good enough to get us into the post-season."

As of the time of this article, the Bearcats were tied for the eighth and final spot in the MIAA tournament with Missouri Southern.

Northwest would secure a post-season appearance with a win at Missouri Southern on Saturday.

"It's nice to just to know that we control what happens," Henry said. "We don't have to hope for a bunch of losses or anything ... just win a couple games and take care of business."

Southern has lost nine of its last 11 games after starting the season 14-0.

The 'Cats defeated Southern 72-70 earlier this season in Bearcat Arena when Henry hit a pair of free-throws with 2.5 seconds left to slip last the Lions.

Henry led all scorers in that game with 23 points in a game that featured 12 ties, and neither team able to gain more than a four-point advantage during the final 10 minutes.

Late-game heroics would have no effect on last Saturday's game in Warrensburg. The Mules fed off of energy created by a crowd of 5,378

black and red-clad fans, and bolted to a 15-point lead less than seven minutes into the affair. The Bearcats could never find an answer.

"There have been very few times over the years where we feel like we've gone out and somebody had better intensity than us," Tappmeyer said. "It definitely happened to us on Saturday."

The Mules disrupted the Bearcats offense by not allowing Henry to get involved in the game, and tortured the Northwest defense by sinking six from deep as they built a 44-25 halftime lead.

Henry finished with just five points, but did grab 12 boards. Elijah Allen tied Central's Sanjay Watts with a game-high 21 points.

Henry feels it is important for the 'Cats to rid their minds of last Saturday's

game, and the gravity of these final games out of their memories in order to success in their quest for the tournament.

"More than anything these games aren't any more important than any other game," Henry said. "The consequences are different, but essentially it's still 40 minutes of basketball ... we just need to focus and flush a terrible, terrible game, and flush any negative thought we have."

The Southern game tips off at 3 p.m. Saturday in Joplin, Mo.

Tappmeyer feels the key is for his team to just come out and fight like it has all year.

"We just have to come out and play at the highest level we can for two ball games and see where it gets us," he said.

| MEN'S STATISTICS |                  |         |
|------------------|------------------|---------|
| Northwest        |                  | Central |
| 48               | Points           | 78      |
| 28.6             | Field Goal pct.  | 46.6    |
| 30               | Rebounds         | 39      |
| 6                | Assists          | 23      |
| 15.4             | Three point pct. | 39.1    |
| 14               | Turnovers        | 10      |
| 4                | Steals           | 6       |
| 81.8             | Free throw pct.  | 78.9    |
| 2                | Blocks           | 3       |

| MEN'S GAME LEADERS                    |                                       |  |
|---------------------------------------|---------------------------------------|--|
| <b>Points</b>                         | <b>Rebounds</b>                       |  |
| 1.) 21 - Elijah Allen                 | 1.) 12 - Hunter Henry                 |  |
| 2.) 10 - Shawn Carter                 | 2.) 6 - Elijah Allen                  |  |
| 3.) 8 - Mike Larsen                   | 3.) 3 - DaJuan Harris                 |  |
| <b>Assists</b>                        | <b>Steals</b>                         |  |
| 1.) 2 - Henry Hunter and Edriss Floyd | 1.) 2 - Mike Larsen                   |  |
| 3.) 1 - Mike Larsen                   | 2.) 1 - Elijah Allen and Henry Hunter |  |
| <b>FG percentage</b>                  | <b>3-pt percentage</b>                |  |
| 1.) 50.0 - Elijah Allen               | 1.) 50.0 - Mike Larsen                |  |
| 2.) 40.0 - Mike Larsen                | 2.) N/A                               |  |
| 3.) 37.5 - Shawn Carter               | 3.) N/A                               |  |

| SCORE BY HALF          |  |  |
|------------------------|--|--|
| MEN (12-14) 30 28 — 58 |  |  |

| WOMEN (9-17) 29 46 — 75 |                  |         |
|-------------------------|------------------|---------|
| WOMEN'S STATISTICS      |                  |         |
| Northwest               |                  | Baptist |
| 75                      | Points           | 73      |
| 43.9                    | Field Goal pct.  | 40.6    |
| 37                      | Rebounds         | 42      |
| 23                      | Assists          | 18      |
| 45.5                    | Three point pct. | 36.4    |
| 13                      | Turnovers        | 17      |
| 5                       | Steals           | 8       |
| 77.8                    | Free throw pct.  | 62.5    |
| 8                       | Blocks           | 5       |

| WOMEN'S GAME LEADERS                    |  |  |
|---|--|--|
| <b>Points</b>                           | <b>Rebounds</b>                        |  |
| 1.) 22 - Rickeya McElroy                | 1.) 9 - Meghan Brue                    |  |
| 2.) 16 - Shelly Martin                  | 2.) 7 - Rickeya McElroy                |  |
| 3.) 14 - Micaela Uriell                 | 3.) 4 - Abby Henry                     |  |
| <b>Assists</b>                          | <b>Steals</b>                          |  |
| 1.) 7 - Micaela Uriell                  | 1.) 2 - Abby Henry                     |  |
| 2.) 4 - Three NW players had one assist | 2.) 1 - Three NW players had one steal |  |
| <b>FG percentage</b>                    | <b>3-pt percentage</b>                 |  |
| 1.) 64.7 - Rickeya McElroy              | 1.) 100 - Jessica Burton               |  |
| 2.) 50 - Jessica Burton                 | 2.) 80 - Shelly Martin                 |  |
| 3.) 41.6 - Micaela Uriell               | 3.) 42.8 - Micaela Uriell              |  |

81 - 58 LOSS



HUNTER HENRY PLAYED his final game at Bearcat Arena on Wednesday night, and it did not turn out the way he planned. The Bearcats fell behind 20-2, and couldn't recover, losing 81-58 to Southwest Baptist. Elijah Allen joined Henry as the only Bearcats to score in double figures with 17 and 15 respectively.

photo by seth cook  
photography editor

BASEBALL

BASEBALL: Finish up week-long road trip

Continued from B1

was only able to make it through three and a third innings, allowing four runs (three earned) before giving way to the bullpen. The Bearcats' relief corps could not stop the fire however, as they went on to allow a combined six runs, all but one of them earned, in the 6.2 innings of work.

On the offensive side, Northwest did manage to plate a couple of runs. Centerfielder Tim Beck went one for three on the day and drove in his third run of the season. Shortstop leadoff hitter Matt Stice had one hit in four trips, driving in his fourth. It wasn't enough to keep the Bearcats in the game however, as Southern Indiana handed the team their third loss in as many contests.

"On the pitching side, we weren't quite as sharp on the mound," said Loe. "We've got some things we need to work on. We need

to stay sharp and battle in those games."

The loss also dropped Northwest to an even 4-4 on the season. Despite the recent skid, coach Loe showed no worry about his squad, especially after a grueling eight-day road trip through unfamiliar territory.

"Southern Arkansas and Southern Indiana are really good teams," Loe said.

Coming up on Saturday, the Bearcats take to the road for a weekend series in Emporia, Kan., against a tough Hornet team. Emporia, in their past four games, has managed to score an awe inspiring 68 runs, something Loe will work carefully with his pitchers on to prevent.

"They [Emporia] won our conference last year, and they're off to a great start this year," said Loe. "We feel like our pitching will match up well with them."

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BOYS' BASKETBALL

'Hounds battle past Cameron, districts await

**By Brian Bosiljevac**  
*University Sports Editor*

The Maryville boys' basketball team sits one game away from the district tournament after downing Cameron on Tuesday night.

At this stage, the conference championship seems to be up for grabs as the Midland Empire Conference teams continue to beat each other up.

The regular season is drawing to an end and Maryville's chances at bringing home the title appear to be as good as anybody's.

The Spoofhounds' appeared to be losing their edge dropping three straight games to MEC bottom dwellers Benton and Savannah, along with a loss to Class 1 leader Jefferson.

The 'Hounds bounced back Tuesday night in Cameron after a strong second half.

Senior forward Seth Staashelm helped right the ship for the 'Hounds with a 21 point effort against a Cameron Dragon team that stood at second in the conference only a week ago.

Maryville appeared to have a close game on its hands as it took the Dragons into half time with the game tied at 22-22. The 'Hounds broke away from Cameron in the second half finishing the game with a 12 point victory, 59-47.

Staashelm was helped by teammates Josh Elliot and Keenan Joiner who also added double-digit points, with 14 and 11 respectively.

The 'Hounds' victory improved their record to 13-7 overall and finished 3-4 in the MEC. They ended their MEC season, but will have the chance to see Cameron and Bishop LeBlond in the district tournament.

Next, the 'Hounds finish the regular season up with a road trip to Trenton.

This game will play out as a preview for the district tournament as they will get another chance to play the same Bulldog team only five days later in the first round of the district tournament.

The 'Hounds kick off the district 16 tournament at 7:30 p.m. in Lathrop.



JUNIOR KEENAN JOINER dribbles the ball through traffic Friday night in Maryville's loss to Savannah.

WRESTLING: Trip to state 'kind of just an old habit'

Continued from B1

Alexander earned his spot in the championship match after easily making his way through the bracket. He recorded a pin fall in 1:39 in his opening match and a major decision in his second, 17-3. He earned his second pin fall in the semi-final match in 3:19.

Once Alexander reached the finals, he took a different approach to capture the 145-pound Class One title.

"Usually I just go for the pin or try to rack up points but I just wanted to play it safe," Alexander said "I scored my points and held the guy down and ended up winning 6-1. In the state championship you just want to win and make sure you don't put yourself in a dangerous position and lose, get pinned or get scored on. So I just wrestled really conservatively."

Going to the state championship was nothing new for Merrill. The junior had been twice before.

"It's kind of just an old habit," Merrill said. "I was excited for the tournament to get started and start wrestling but I wasn't nervous about the matches."

In his freshman year, Merrill placed fifth and in his sophomore year, he improved to third.

"It was different going down there, being an upper classman," Merrill said. "Being at the top of my game this year and coming off a good season, I had a lot more confidence coming in this year."

Like Alexander, Merrill also only lost once, going 38-1 for the season. Merrill's sole loss came in the District finals to Austin Paalhar of Marceline who lost a 3-0 decision in the state semi-finals.

Merrill also made his way through the bracket easily. He recorded a pin fall and a tech fall on his way to the semi-finals. In his last two trips to state, Merrill had never made it past the semis. This year he won with a 10-3 decision sending him to his first ever finals match.

In the finals, Merrill was down 2-1 after the first period. At the first whistle of the second period, Merrill scored a reversal making it 3-2; after an escape by his opponent it was 3-3. Then in the last minute of the second period, Merrill took his opponent to the mat for a pin fall to win his first state championship.

Maryville sent two other wrestlers to state; senior Derek Dean and junior Jason Davis. Neither wrestler made it to the quarterfinals, but aided the team in winning eighth place in the state by scoring.

GIRLS' BASKETBALL

Girls use runs of 18-0, 9-0 to pull away from Cameron heading into senior night

**By Jason Lawrence**  
*Asst. Sports Editor*

The Spoofhounds got another big win behind a strong defensive performance. The girls jumped in front early and never looked back in their 58-38 victory over Cameron on Tuesday night.

"The defense was better," head coach Grant Hageman said. "There's a couple rotations we need to work on. We gave up a few easy shots in the first half,

but we did a good job executing on offense."

Maryville started out slow, holding an 8-6 lead with just more than four minutes left in the first before they went on a 9-0 run. The Dragons hit a lay-up, and then Maryville went on an 18-0 run. Their run finally ended with 3:43 left in the second quarter on another Cameron lay-up.

Every girl that saw the court in the first half scored at least two points in helping Maryville put

the game away early. They took a 40-15 lead into the locker room at halftime. That can be a disadvantage this late in the season, Hageman said.

"This late in the year, you're always hoping for good opponents," Hageman said. "Cameron is a good opponent, but tonight we just had their number. You want games that are close at the end of the year, so that you're battle-tested going into districts."

Maryville kept the pres-

sure on the Dragons' defense and sophomore Taylor Gadbois scored five of the Spoofhounds' first seven points in the quarter to extend the lead to 47-18. Cameron scored the final four points in the period to cut the Maryville lead to 54 to 22.

The 'Hounds let off the gas, only scoring four points in the fourth quarter. Cameron quadrupled Maryville's fourth quarter out-put, but it was too little, too late for the Dragons to get back

into the game.


Maryville cruised to the win behind 13 points and five rebounds from Gadbois. Molly Stiens and Meridee Scott added nine each and Shannon McClellan chipped in eight points in the game.

The Spoofhounds will put their 14-7 record (3-3 in the conference) on the line Thursday as they face-off against conference foe LeBlond in the final regular season game of the year.

"LeBlond is very similar to us," Hageman said. "They're going to press and push the ball up and down the floor. They have the same style of players. They have a good inside game, they can shoot it outside and they have a tough defense. It's almost like looking in a mirror."

Tip-off on senior night is 7 p.m. The game will be the last for Megan Walker, Erica Espey and Tracy Jensen on Maryville's home court.

ATHLETES OF THE WEEK




Nicole Ackelson

Curly won the triple-jump at the Central Missouri Classic last weekend. Curly jumped a career-best of 45 meters, 11 and one-fourth inches, surpassing his former career-best of 43 meters, 6 and a half inches. Curly also finished fourth in the long-jump with a jump of 22 meters, two and a half inches.

Martin Curley

The freshman pitcher bailed the Bearcats out of a jam when she entered Northwest's game against Newman last weekend. She stepped to the mound in the bottom of the fifth inning, trailing 2-0 and with runners on the corners. She worked her way out of that jam, and went on to pitch three innings, allowing two hits and not runs, as the 'Cats won 3-2.



Bryce Alexander

Bryce Alexander went 34-1 throughout his junior wrestling season. Alexander reached the climax of his season Saturday when brought home the State Championship for the 152-pound weight class. Alexander won by a 6-1 decision in the finals against Dakota Gilbert of Centralia. Alexander was joined by Dan Merrill who 119-pound weight class.


Taylor Gadbois

Taylor Gadbois scored 13 points in the victory over Cameron on Tuesday night. She had five of the first seven Spoofhound points in the third quarter to seal the Maryville win. She also led the team with five rebounds. The 'Hounds take on LeBlond Thursday night and Gadbois looks to help send the seniors out on a winning note.

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The fifteen random things you always wanted to know about the Bulldog

By Brian Bosiljevac  
University Sports Editor

Rick Reilly did this on ESPN’s website the other day, so I figured I’d join the crowd and try out Facebook’s popular “25 Random Things About Me.” Due to space constraints you’ll only get to learn 15 random things about me, unfortunately.

(1) I once hit a half-court shot during half-time of a basketball game to win \$50.

(2) In junior high I was pitching in a game and my team was down eight runs in the last inning. I got ejected from the game for tossing a runner over my shoulder during a play at the plate. My team came back to win the game. I still can’t figure out if I was just that bad of a pitcher or if my ejection

got the team fired up.

(3) Once when I was trying to impress a girl at an ice-skating party, I tripped and busted my lip open on the ice; she wasn’t impressed.

(4) Another time when I was trying to impress a girl during a JV football game, I got rocked and did a full 360 degree spin in the air. She was impressed and is now my girlfriend. I quit football after that season.

(5) When I was eight, my parents made me try wrestling. I was beaten in a tournament by a girl. She wasn’t impressed.

(6) During my first week on the newspaper, I was given the nickname Bulldog. I still don’t know why, but I don’t think anyone on staff knows my real name.

(7) In my one-year stint of high

school football, my only injury was a broken pinky gotten while returning punts.

(8) During a math study session my freshman year, my professor came bursting into the room. He couldn’t speak or breathe because he was choking on a chicken bone. My fraternity brother jumped up and tried to give him the Heimlich maneuver, but had no idea what he was doing. While my professor laid on the floor almost dead, I was in the corner of the room getting ready to throw up. I have a horrible gag reflex.

(9) During an intramural basketball game in high school, my team was down 20 points at half. During the second half, I became unconscious from behind the arc hitting nine straight three pointers.

(10) Herald Reynolds once came to talk to my eighth grade baseball team, before he was fired from ESPN for sexual harassment charges.

(11) My grandpa can lift more weights than I can. My grandpa is a beast.

(12) When I was in the 10 and 11-year-old baseball league, I was the only 10-year-old in the league to hit a home run and I did it without steroids.

(13) At my high school graduation I had to walk off stage because I began to hyperventilate.

(14) I’m a huge momma’s boy.

(15) In eighth grade, my badminton team went undefeated during gym class, and took home the Holy Cross badminton crown. I have always dreamt of making the Olympic team.

MIAA STANDINGS

Men

|                          | MIAA | OVERALL |
|--------------------------|------|---------|
| X- Southwest Baptist (4) | 15-3 | 22-3    |
| X- Central Missouri (12) | 14-4 | 22-3    |
| X- Fort Hays             | 11-7 | 18-7    |
| X- Washburn              | 11-8 | 15-11   |
| X- Emporia State         | 10-8 | 16-9    |
| X- UNO                   | 10-8 | 16-9    |
| X- Missouri Western      | 9-9  | 12-13   |
| Missouri Southern        | 7-11 | 17-11   |
| Northwest                | 7-11 | 12-13   |
| Pitt State               | 5-13 | 10-15   |
| Truman                   | 1-18 | 6-20    |

X- clinched MIAA tournament berth \* Wednesday games not included.

Women

|                      | MIAA | OVERALL |
|----------------------|------|---------|
| X- Emporia State (5) | 16-2 | 22-3    |
| X- Washburn (13)     | 15-4 | 22-4    |
| X- Pittsburg State   | 13-5 | 18-7    |
| X- Missouri Southern | 11-7 | 17-8    |
| X- Central Missouri  | 11-7 | 16-9    |
| X- UNO               | 10-8 | 14-10   |
| X- Fort Hays         | 7-11 | 11-14   |
| Missouri Western     | 5-13 | 6-19    |
| Northwest            | 4-14 | 8-17    |
| Southwest Baptist    | 4-14 | 7-18    |
| Truman State         | 4-15 | 7-19    |

X- clinched MIAA tournament berth \*Wednesday games not included.

SPORTS STAFF GAME PICKS

Woody’s picks

Prediction record (10-15)

NCAA Lock

Cornell at Dartmouth — Cornell

Yet again, Cornell is the best team in the Ivy League. Dartmouth is decent, but not among the elite in the conference.

NCAA Upset

Georgetown at Villanova — Hoyas

Georgetown now apparently sucks, but I think after so few wins in such a long period of time, they are poised for an upset of No. 12.

NCAA

Marquette at Louisville — UL

The deciding factor in this game will be the fact that Louisville is at home. Marquette is solid and I wouldn’t be surprised one bit if they do pull off the upset, but I just think Louisville at home will be too much for Marquette to handle. Maybe Marquette will get them in tournament.

Brian “The Bulldog’s” picks

Prediction record (8-17)

NCAA Lock

Marquette at Louisville — Cards  
I think Louisville is one of the most exciting teams to watch in all of college basketball. They are well coached by legend in Pitino and are very scrappy. If they get on a roll they could be a tough team come March.



NCAA Upset

Clemson at Florida St. — The Tomahawk Chop

Florida State is the most under-rated school in the ACC. The ‘Noles have already upset Clemson on the road this year. It’s only going to be that much easier at home.

NCAA

Michigan State at Illinois — Spartans

Michigan State looked horrible against Purdue, but I think that game might have actually helped the Spartans. That game was a reality check for the No. 1 team in the Big Ten. Michigan St. will knock the Illini out of the ranks.

Jason’s picks

Prediction record (12-13)

NCAA Lock

Arizona St. at Washington — Sun Devils

Arizona State has beaten some great competition the last few weeks in Arizona, USC and UCLA. Washington has beaten similar competition, but lost to the Bruins. Edge to the No. 11 Sun Devils.

NCAA Upset

Missouri at Kansas — Kansas

I dodged a bullet last week with Blake Griffin being out, but this week, luck won’t be involved. Kansas will take care of Mizzou at home and close out a big lead for the first time this season. Fear the Phog.



NCAA Lock

Clemson at Florida St — Clemson

Clemson is just a more well-rounded team. The Tigers have multiple players averaging double digits, while Florida State has only one over ten points. Clemson’s well-rounded attack stops the ‘Noles.

Dustin’s picks

Prediction record (18-7)

NCAA Lock

Mizzou at Kansas — MIZZOU

The Tigers have already done it once, so I don’t see a lot of difficulty in this pick. Sure MU has to go into the Phog, but I don’t see the three-hour drive getting to the Tigers.



NCAA Upset

Marquette at Louisville — Marq.

Marquette is No. 10 in the nation and only a half game out of first place in the Big East. Granted Louisville is tied for the lead in the Big East the Golden Eagles still walk out of Louisville with a W.

NCAA Upset

Arizona State at Wash. — Wash.

Since I am just dominating everyone else in our picks, I’ve decided to install a handicap for myself. This week everyone gets to pick one upset and two locks, I’m going to pick two upsets just to make the playing field more even. I bet I still get it right!

MIAA STATISTICS

MEN’S SCORING MARGIN

| ## Team              | G  | OFF  | DEF  | Margin |
|----------------------|----|------|------|--------|
| 1. Central Missouri  | 25 | 79.6 | 63.9 | +15.7  |
| 2. Southwest Baptist | 25 | 89.8 | 75.3 | +14.5  |
| 3. Nebraska-Omaha    | 25 | 82.5 | 76.1 | +6.4   |
| 4. Fort Hays State   | 25 | 71.1 | 65.1 | +6.0   |
| 5. Emporia State     | 25 | 77.4 | 71.8 | +5.6   |
| 6. Washburn          | 26 | 79.3 | 74.5 | +4.8   |
| 7. Missouri Southern | 28 | 75.1 | 71.6 | +3.5   |
| 8. Northwest         | 25 | 69.5 | 67.4 | +2.1   |
| 9. Missouri Western  | 25 | 74.9 | 73.6 | +1.3   |
| 10. Pittsburg State  | 25 | 74.1 | 74.1 | +0.0   |
| 11. Truman           | 26 | 61.3 | 69.1 | -7.8   |

WOMEN’S SCORING MARGIN

| ## Team              | G  | OFF  | DEF  | Margin |
|----------------------|----|------|------|--------|
| 1. Emporia State     | 25 | 86.8 | 64.6 | +22.2  |
| 2. Washburn          | 26 | 72.8 | 59.6 | +13.2  |
| 3. Pittsburg State   | 25 | 76.9 | 67.4 | +9.6   |
| 4. Nebraska-Omaha    | 24 | 71.4 | 65.9 | +5.5   |
| 5. Missouri Southern | 25 | 66.4 | 62.2 | +4.3   |
| 6. Central Missouri  | 25 | 70.2 | 66.9 | +3.3   |
| 7. Fort Hays State   | 25 | 67.7 | 64.6 | +3.1   |
| 8. Southwest Baptist | 25 | 74.5 | 78.8 | -4.3   |
| 9. Truman            | 26 | 60.8 | 67.3 | -6.5   |
| 10. Missouri Western | 25 | 64.2 | 70.7 | -6.5   |
| 11. Northwest        | 25 | 66.4 | 73.0 | -6.7   |

MEN’S SCORING LEADERS

| ## Player-Team          | Cl | Games | Pts Avg/G |
|-------------------------|----|-------|-----------|
| 1. Rogers, Matthew-SBU  | JR | 25    | 19.1      |
| 2. Jenkins, Michael-UNO | SR | 25    | 17.2      |
| 3. Taylor, Carlos-PSU   | SR | 25    | 17.2      |
| 4. Henry, Hunter-NWMSU  | SR | 25    | 16.9      |
| 5. Albers, Mitch-UNO    | SO | 25    | 16.8      |
| 6. Eiggins, DeAndre-WU  | SR | 24    | 16.3      |
| 7. Harris, D’Ante-SBU   | SR | 25    | 15.6      |
| 8. Watts, Sanijay-UCM   | JR | 25    | 15.5      |
| 9. Wilbern, Lamar-ESU   | JR | 25    | 15.4      |
| 10. Young, Joe-UCM      | SR | 25    | 14.6      |

WOMEN’S SCORING LEADERS

| ## Player-Team           | Cl | G  | Pts Avg/G |
|--------------------------|----|----|-----------|
| 1. Bright, Janice-WU     | SR | 26 | 18.5      |
| 2. Mueller, Georgia-TSU  | SR | 25 | 16.7      |
| 3. Creed, Courtney-SBU   | SR | 25 | 16.7      |
| 4. Biel, Erica-FHSU      | JR | 25 | 16.2      |
| 5. McCombs, Nicole-PSU   | JR | 25 | 15.7      |
| 6. Boston, Cassandra-ESU | JR | 25 | 15.3      |
| 7. Bancroft, Naomi-FHSU  | JR | 25 | 15.0      |
| 8. Edwards, Ida-ESU      | SR | 25 | 14.4      |
| 9. Brue, Meghan-NWMSU    | SR | 25 | 14.4      |
| 10. Leiker, Andrea-ESU   | SR | 22 | 13.5      |

MEN’S REBOUNDING

| ## Player-Team         | Cl | G  | Avg/G |
|------------------------|----|----|-------|
| 1. Henry, Hunter-NWMSU | SR | 25 | 8.8   |
| 2. Rogers, Matthew-SBU | JR | 25 | 8.2   |
| 3. Stukes, TJ-PSU      | JR | 25 | 7.7   |
| 4. Wilbern, Lamar-ESU  | JR | 25 | 7.5   |

WOMEN’S REBOUNDING

| ## Player-Team          | Cl | G  | Avg/G |
|-------------------------|----|----|-------|
| 1. Biel, Erica-FHSU     | JR | 25 | 11.4  |
| 2. Edwards, Ida-ESU     | SR | 25 | 10.1  |
| 3. Brodsack, Amanda-UNO | SR | 24 | 8.2   |
| 4. Mueller, Georgia-TSU | SR | 25 | 7.4   |
| 6. Brue, Meghan-NWMSU   | SR | 25 | 6.3   |

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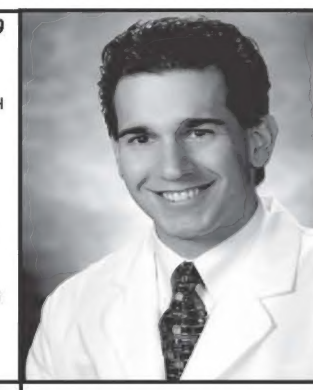
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# Top 2 picks of the week

By Sydney Moore  
Features Editor

**New movie on DVD** – “Australia,” starring Hugh Jackman (“X-Men”) and Nicole Kidman (“The Stepford Wives”) will be released on DVD Tuesday. The film is about Lady Sarah Ashley (Kidman) who inherits a large cattle farm in Australia. After traveling to Australia from Great Britain to meet her husband, she finds he has been murdered. Along with local cattle-driver, Drover (Jackman) and a young child, Nullah, (Brandon Walters), the trio experiences a long journey over hundreds of miles in a cattle drive during the bombing of the city of Darwin.



**New album** – Country singer Jake Owen’s sophomore album, “Easy Does It,” hit shelves Tuesday. The first single from the album, “Don’t Think I Can’t Love You” has been climbing the charts and getting quite a bit of air-time on country radio. Owen is sure to succeed just as much with this album as he did his first, “Startin’ With Me.” The title track shot Owen to fame, earning spots all over the Billboard charts in 2007. With his luck from his first album, Owen is sure to find more success with this hot release.

## STROLLER

### Your Man’s guide to success

Put on your parade smiles, Career Day is coming and I know what it takes to get the job of your dreams.

I have, in my possession, a list passed through the ages that guarantees any person any job they desire. I know it sounds crazy, but it’s true.

First, we should address preparation. One word, don’t. It is way easier to wing it, and you always sound like you know what you’re talking about, even if you don’t.

The best résumé you could ever give is hand-written; colored pencil is best. This shows not only creativity but that you are willing to go above and beyond to prove your skills.

An absolutely horrible idea I’ve heard floating around is researching companies that will have booths at Career Day. I say it’s their job to tell you about themselves and what they stand for.

Second, let’s consider attire. Two words: dress down. Just show up in sweat pants and a Bearcat T-shirt. This shows that you are confident and personable. Some argue that you should dress one level above what you would wear to work. Nonsense, employers want people who don’t waste time playing dress up. Make sure to ask if you can wear pajamas on casual Fridays and about vacation policies. Those things are way more important than benefits.

Ladies, don’t shave your legs, again it shows that you are a chronic time-waster. And gents don’t forget that beards make you look tough. I think affirmative action sets a “tough guy” quota.

Third, you have to eat to be on top of your game. Three words: get free



The Stroller

food. They give it out to the employers that come. It’s a buffet, there for the taking.

My advice is to just act like you own the place and dig in. Maybe even tell about the time you got drunk and slept until 10 p.m. and when you woke up, you thought it was morning and the sun had burned out. That story is always a hit.

Fourth is your attitude. Four words: professionalism is completely overrated. Chew gum, don’t hesitate to interrupt someone to make your point and if you don’t like a question, say so.

If at any point you feel the conversation going wrong, try cussing; profane language is and always has been a sign of intelligence. Dropping the f-bomb can be your smoking gun.

Be suspicious of these people, use caution giving out your real name. It could be a fraudulent scheme to get your 919 number and steal your identity. Stranger things have happened.

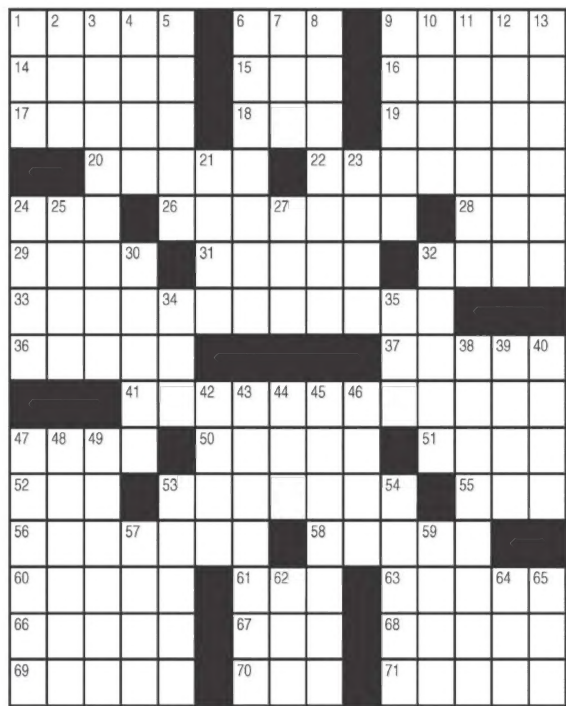
Fifth is last, but not least, this article. Five words: forget everything I just said.

The Stroller has been a tradition since 1918 and does not reflect the views of *The Northwest Missourian*.

## Crossword

- ACROSS
- 1 Actress  
6 TV network  
9 Waldorf, e.g.  
14 Dumbfound  
15 Cool or groovy  
16 Verify  
17 Many-headed monster  
18 Big fuss  
19 “Bolero” composer  
20 Noblemen  
22 Japanese flower arrangement  
24 Glide on snow  
26 “Torn” singer  
28 Fawkes or Lombardo  
29 Hoity-toityness  
31 Handrail post  
32 Comprehends  
33 Became level  
36 Follow afterward  
37 Blockade  
41 Salon  
47 Resistance units  
50 Thread reel  
51 Refinery residue  
52 Souchong, e.g.  
53 Small bars  
55 Church vow  
56 Breakfast pick  
58 Former capital of Japan  
60 Playful mammal  
61 Galena, e.g.  
63 Dapper  
66 Wary  
67 For each  
68 Musician Shaw  
69 Short-lived Ford model  
70 Newspaper honchos  
71 Blush wines

- DOWN
- 1 So there!  
2 Writer Tan  
3 Spanish wines  
4 Stone or Pound  
5 Gain wisdom  
6 Take to task  
7 Auction offer  
8 Made unfit for use  
9 Romp  
10 U.A.E. word  
11 Unusually tall seasoning plant  
12 Means of access  
13 Postponements  
21 Kent’s girlfriend  
23 Metric meas.  
24 Vault  
25 Potter’s oven  
27 Reverent wonder  
30 Ticket receipts  
32 Mixes up  
34 Golfer’s peg  
35 Dos Passos work  
38 Denholm and Bob  
39 Prod  
40 Cogito \_\_ sum  
42 Gobi location  
43 Farther along the ascent  
44 Kiddy  
45 Some cricket pitches



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Having a positive body image means having an accurate perception of the size and shape of your body and feeling comfortable with it. A positive body image is also an important part of being happy and healthy. Below is a list of things you can do to help develop a positive body image:

- Appreciate all that your body can do, and not the things it can’t.
- Keep a list of things you like about yourself that aren’t related to how much you weigh or what you look like.
- Remind yourself that “true beauty” is not simply skin-deep. Remember that beauty is a state of mind, not a state of your body.
- When you see yourself in a mirror or in your mind, choose not to focus on specific body parts. See yourself as a whole person.
- Surround yourself with others who recognize the importance of liking yourself just as you naturally are.
- Overpower negative thoughts that tell you your body it is not “right” or that you are a “bad” person. Build yourself back up with a few quick affirmations that work for you.
- Wear clothes that are comfortable and that make you feel good about your body. Work with your body, not against it.
- Become a critical viewer of social and media messages. Pay attention to images, slogans, or attitudes that make you feel bad about yourself or your body.

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# ECONOMICAL EXCURSIONS

Vacationers adjust spring break plans in light of rough economy

By Brian Johnson  
*Entertainment Reporter*

Spring break affords many opportunities for students, but this year, can students really afford spring break? In a time of a terrible economy, many students at Northwest are finding ways to enjoy their time off while not having to dig deep into their wallets.

Amber Miller, a junior, came up with a savings plan for her and her friends to go on a trip to Nashville, Tenn.

"We've been budgeting since January," Miller said. "We put ourselves on a budget where we would only spend \$20 or less a week to help save."

Miller and her friends had

originally planned on either going to Las Vegas or Florida, but those trips turned out to be too expensive for them. Each person in her group will have to pay about \$400 dollars for their Nashville trip.

Miller and her group are planning on going to a spa, the Grand Ole Opry and a mall. Miller thinks that students should look at other trip options besides the more obvious ones.

"Just don't pick obvious spots," Miller said. "Be open and consider other affordable places."

Some students this spring break won't be going anywhere besides home, like junior Michael Tweedy. Tweedy and his friends had planned a trip to Florida, but those plans fell through.

"Basically the friends I was going to go with couldn't afford to go," Tweedy said. "We were going to rent a house but we ran out of time and they gave it to someone else."

Tweedy admits he was pretty bummed out when the trip fell through, but he says this initial letdown provided him with other opportunities.

"I haven't seen my family in a long time so I'm going to use the break to spend time with them," Tweedy said. "I'm going to spend time with friends back home too."

Tweedy admits that if his friends had prepared better financially in advance, the trip would probably still be on.

"It's too bad because we didn't

have time to set up to go anywhere else," Tweedy said.

Another student, sophomore Stephen Eschenbach, is spending his spring break going on a mission trip with his church. He is a member of the Baptist Student Union and they are going to Arlington, Texas to help the needy.

"There are about 20 to 25 of us going to work wherever they need us to be," Eschenbach said. "We want to share the good news through Christ."

The students on the trip are scheduled to deliver furniture to the needy and work in a food pantry and a soup kitchen for the hungry. Eschenbach thinks this is the best way for him to spend his spring break.

"We want to share the love of Christ and what He has done for us," Eschenbach said. "That's the greatest thing that can happen to you."

Eschenbach went on this same type of trip last year to Colorado and thinks it's a very good time to spend his vacation. He has no hard feelings against people going on vacation for spring break.

"I don't think I'm any better than those going on vacation," Eschenbach said. "People can do what they want but I can use this as a way to serve."

The trip has proven to be a good economic trip as well. The trip costs the students only \$50, and all other expenses are being taken care of by sponsors of the church.

## INDEPENDENCE, MO.

**Who:** Michael Tweedy with his family and friends

**What:** Catching up with friends and family

**Cost:** Free

**Why:** Couldn't afford to go to other places

**How to get there:** Driving

## ARLINGTON, TEXAS

**Who:** Stephen Eschenbach and 20-25 other members of the Baptist Student Union

**What:** Mission trip to deliver furniture, work in a soup kitchen and a food pantry to help the needy

**Cost:** \$50

**Why:** To help spread the word of the church and to do good over spring break

**How to get there:** Driving in church vans

## NASHVILLE, TENN.

**Who:** Amber Miller and her roommates

**What:** Trip to a spa, the Grand Ole Opry and a mall

**Cost:** Roughly \$400 per person

**Why:** To get away from home and school and have an affordable vacation

**How to get there:** Road trip